

Project confidence authentically



Quick Read: “Is the Confidence Gap Between Men and Women a Myth?”
Laura Guillen, Harvard Business Review, March 26, 2018.



Listen: [“Women at Work: Lead with Authenticity”](#)



Listen: [The Broad Experience: Episode 167: Power and Body Language](#)



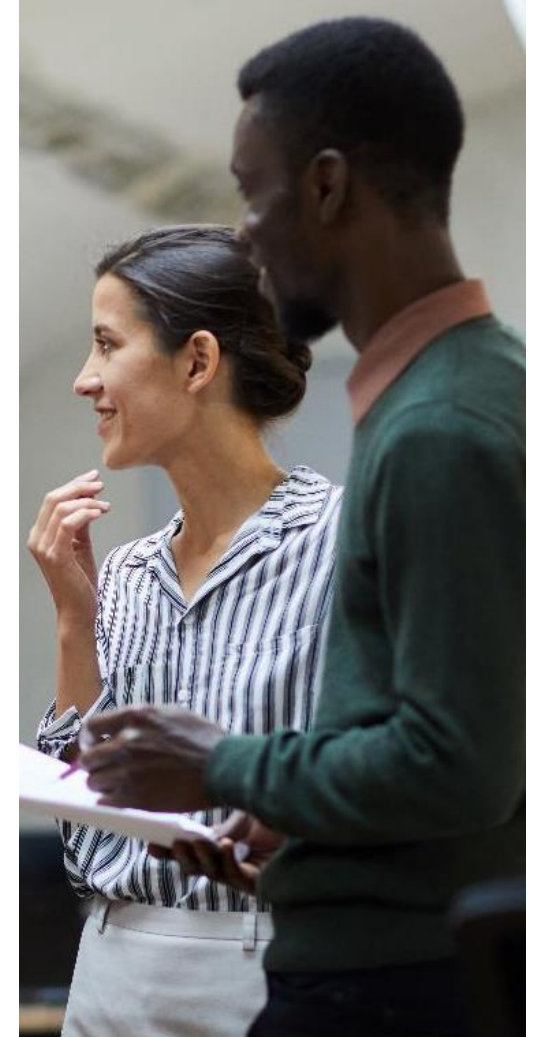
Watch: [How Do We Bridge the “Anxiety Gap” at Work? Erica Joy Baker](#)



Reflect: The impostor phenomenon assessment



Allies: [The Fairer Centes: Women, Money and the Fight to Break Even: Episode #24: Being an Ally Part 1: How Men can Advocate for women](#)



Communicate with Power

I took awhile but you can deal	My schedule matters too	Yeah, you're welcome
✗ Sorry for the delay.	✗ What works best for you?	✗ No problem/no worries!
★ Thank you for your patience.	★ Could you do... __:__?	★ Always happy to help.
I know what I'm doing	Wording this is hard	Do you get it?
✗ I think maybe we should...	✗ (Rewriting an email for 30+ minutes)	✗ Hopefully that makes sense?
★ It'd be best if we....	★ It'd be easier to discuss in person	★ Let me know if you have any questions.
Where the heck are we on this?	I made a small error	I have an appointment
✗ Just wanted to check in	✗ Ahh, sorry! My bad. Totally missed that.	✗ Could I possible leave early this one time?
★ When can I expect an update?	★ Nice catch! Updated file attached. Thanks	★ I will be leaving to ____ at __:__.

Elevate your communication



Quick Read: [6 Subtle Mansplanation women encounter every day](#)



Quick Read: [Why does writing matter in remote work.](#)



Listen: *HBR* podcast, [“Women at Work: Make Yourself Heard”](#)



Listen: [Think Fast, Talk Smart: IT's Not What You Say, it's How you Say It: How to Communicate Power June 5, 2020](#)



Watch: [Executive presence for women: 5 Tips to communicate with Power](#)

